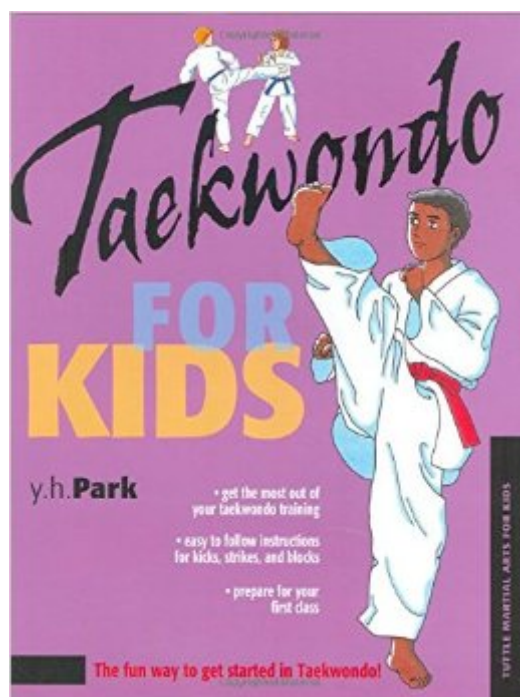


The book was found

Taekwondo For Kids (Martial Arts For Kids)



Synopsis

Taekwondo for Kids is a fun and accessible guide to Taekwondo practice. First time martial arts students are not just starting a program of physical and mental practice. They are entering a new world--one that not only has new rules, new goals, and even new clothing but that also offers them lots of new opportunities for fun and accomplishment. This martial arts book for kids includes introductions to the history and philosophy of the martial art, what to expect in the first few classes, how to warm up and practice, advice on setting goals, and information on competitions and tournaments. With over 75 full-color illustrations, including 40 clearly diagrammed Taekwondo exercises, and lots of fun facts and informative sidebars written in kid-friendly jargon-free language, this is the perfect introduction for the younger martial artist.

Book Information

Series: Martial Arts for Kids

Hardcover: 48 pages

Publisher: Tuttle Publishing; Hardcover with Jacket edition (June 15, 2005)

Language: English

ISBN-10: 0804836310

ISBN-13: 978-0804836319

Product Dimensions: 8.5 x 0.6 x 11 inches

Shipping Weight: 15.2 ounces (View shipping rates and policies)

Average Customer Review: 4.2 out of 5 stars [See all reviews](#) (8 customer reviews)

Best Sellers Rank: #306,703 in Books (See Top 100 in Books) #45 in [Books > Children's Books > Growing Up & Facts of Life > Health > Fitness](#) #72 in [Books > Children's Books > Sports & Outdoors > Martial Arts](#) #72 in [Books > Health, Fitness & Dieting > Exercise & Fitness > For Children](#)

Age Range: 4 - 9 years

Grade Level: 5 - 3

Customer Reviews

Very basic starter book. I got this for a 7 yrs old, found out she learned all this details in next few days. Good as a reference when your kids just starting, but don't buy this book for any advance student who is going to TKD classes more than 6 months or any older student. Pictures are helpful for kids to remember instruction - like correct standing position. Expected a little more material but the book is really thin and don't have much material.

To learn all one can about the wonderful art of TKD all resources may be helpful. This book is a good resource for any Martial Artist interested in learning part of where TKD came from and how this art has survived, where it is today, etc., useful information for the TKD Artist of any age. An excellent book to give or read to your budding TKD Artist. Simple to read and great illustrations. I just like this book!!!

I got this for my 7 year old. He reads and understands it easily: he will go through a section and then teach me each of the moves-- these lessons are HIS idea, not mine. The pictures make it pretty clear, though sometimes we do go on youtube to understand the movement actions better.

My grandson loved it so much that he took it to his Tae Kwon Do Class to show his instructor, who liked it.

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